

## Book: Creation of Human Ability

Hubbard lectures on what a thetan is and what Scientology processing does for the thetan.

Specifically, the use of these processes obtain, when correctly used, without further evaluation for, or indoctrination of the preclear, the knowledge that he is not a body, that he is a creative energy-production unit, and demonstrates to him his purposes and abilities.

This energy-space production unit we call a 'thetan', that being a coined word taken from a mathematical symbol, the Greek letter 'theta'. This is the preclear. One does not send 'one's thetan' anywhere. One goes as a thetan. When a preclear is detected being in one place and finding 'his thetan' in another ('I'm over there') he is not exteriorized. To be 'exteriorized' the preclear must be certain that he is outside his body. An uncertain 'exteriorization' requires more work before it becomes an exteriorization.

SOP 8-C brings about a condition designated as 'theta clear'. This is a relative, not an absolute term. It means that the person, this thought unit, is clear of his body, his engrams, his facsimiles, but can handle and safely control a body.

The state of Operating Thetan is higher than Theta Clear and means that the person does not need a body to communicate or Work. It is accomplished with SOP 8-C.

The highest theory of SOP 8-C is that the being is engaged upon a game called Physical Universe. This is a game requiring barriers, which is to say, walls, planets, time and vast distances (which last two are also barriers). In engaging upon this game he has at last become so conscious of barriers that he is limited in his actions and thoughts. He thinks, in the case of homo sapiens, that he is a body (a barrier) hemmed in by vast distances (barriers) and pinned in a time-stream (a system of moving barriers) so as to reach only the present. These combined barriers have become so formidable that they are not even well-perceived, but from being strong have become unreal to him. The matter is further complicated by 'invisible barriers' such as the eyes or glasses.<sup>2</sup>

— L. Ron Hubbard  
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1SOP-8C is a Scientology exteriorization process. Hubbard also lectured on this process on the Camden Indoctrination Course B, from 16 November to 23 December, as well as at the Phoenix International Congress of 28 December 1953. "SOP 8-C is first used step by step ... until the person to whom it is addressed knows he is back of his head and no longer in the body."

— Creation of Human Ability (p. 252) Thanks to Mark Plummer for these documents.