

Lecture: Hypnosis

Hubbard discusses the use of hypnosis as a weapon of perverts and recommends it for Dianetics research.

If you have a patient who is getting blank-outs during a certain period, a patient who is sure somehow that he has had homosexual relationships with somebody but can't tell you when or where, you start looking into hypnotism.

You may not find it, because one of the chief weapons of the pervert is hypnotism. He uses hypnotism quite freely. I have found many incidents of hypnotism used for perversion.

Even worse than that, you very often find that by contagion of aberration the person will go out and dramatize the engram without knowing it ever happened to him. He merely thinks, "Well, that's something to do," so he is liable to hypnotize somebody else.

The standard pervert session of hypnotism seems to wind up, "Now, if you told anybody that this had happened, they would never believe you! Or if it is done to a young boy, "Your mother and father would of course drive you from your home if they knew about this. If you told them anything that had happened here, they would not believe you. In fact you can't believe it yourself. You don't think anything has happened here at all."

That perversion sequence may contain such a thing as "You are a woman," or if a woman is using it, "You are a man," and so on. It will be a hard engram to tackle in that it will be completely out of view.

You may find this once in a hundred cases, although the percentage to date has been about one out of 95 cases, which is about one percent. This is only a series of about 180 so it is not a good statistic, merely a guess.

None of these remarks are leveled at hypnotists at all; they are leveled exclusively at a practice which you will find in the society.

Hypnotism may still have enormous therapeutic or anesthetic value. In addition to that it is an excellent research tool in Dianetics. But it is not something with which you would toy idly. It has real horsepower in it.

You will discover hypnotic therapy or deep analysis in quite a few patients who have undergone psychoanalysis. Deep analysis is a practice of discovering hidden data and delivering unto the patient insight regarding that data.

— L. Ron Hubbard

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